

## **Facts about American Foods:**

- American cuisine is influenced by many cultures (Native American, European, African, Asian, Latin American, etc.)
- Foods vary by area (South, Midwest, New England, West Coast, etc.)

## **Breakfast**

- Pancakes and waffles with syrup



- Bacon and eggs



- Cereal and milk



- Bagels with cream cheese



## Lunch

- Sandwiches ([bacon, lettuce, tomato], [peanut butter & jelly], [grilled cheese])



- Burgers and fries



- Hot dogs



## Dinner

- Fried chicken



- Barbecue (ribs, pulled pork)



- Meatloaf and mashed potatoes



- Macaroni and cheese



## Snacks

- Potato chips



- Popcorn



- Pretzels



## Desserts

- Apple pie (“as American as apple pie”)



- Chocolate chip cookies



- Cheesecake



- Brownies

